

TENNIS RULES

FOR RECREATIONAL PLAYERS



- 1 You cannot call a **double bounce** on your opponent.
- 2 You can't call a **foot fault** unless you've warned your opponent, tried to get an official, and it's clearly visible from your side of the court.
- 3 You may not **catch or stop a ball** before it bounces.
- 4 If you **served first in a set tiebreak**, your opponent will serve first in the next set.
- 5 If a **racket is dropped or a shoe comes off**, play on!
- 6 You win the point **if the serve hits your opponent** before it bounces or **if the ball hits a player** before it lands out.
- 7 **If you win the toss** you can choose (1) serve or receive, (2) end of court, or (3) defer/require your opponent to make the choice.
- 8 You should **always give your opponent(s) the benefit of the doubt** when making line calls.
- 9 In order to claim any **hindrance**, you must stop play immediately.
- 10 If a **ball hits a permanent fixture** (like a scoreboard or bench) and lands in the correct court, the ball is out.



Second Serve is a podcast for adult recreational players. Weekly episodes are approximately 15 minutes and cover all the fun and craziness of league and social tennis. **Find Second Serve on any podcast platform!**

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